



Operation Hero



Operation Hero is a free after-school program for military children in grades 2-8. It is designed to help these students address the unique challenges they face, such as frequent moves and deployments. Trained facilitators for Operation Hero create a safe environment for students to express emotions, receive academic and emotional support, and connect with peers experiencing the same challenges.

Operation Hero at John Griffin Middle School

Fall session operates September 23 to December 6, 2019
Twice weekly on Monday and Wednesday from 2:50 pm to 5:00 pm
Open to students in grade 6 only

Pre-registration required at <https://www.asymca.org/ft-bragg-sign-in>

Strengthening Our Military Family™

1,143

students served in 2018

Where we serve

California: Camp Pendleton

Hawaii: Joint Base Pearl Harbor-Hickam; Schofield Barracks/Wheeler Army Airfield; and Marine Corps Base Hawaii

Kentucky: Fort Campbell

Missouri: Fort Leonard Wood

North Carolina: Fort Bragg

Oklahoma: Altus

Texas: El Paso; and Killeen

Virginia: Hampton Roads

Impact

“After Operation Hero I was cool, skilled, strong, and smart.” – child participant

“Jordan is behaving better due to being in this program. His confidence level has skyrocketed. This program has helped my child become more kind to others. He has learned how to cope with his emotions while his dad has been gone weeks at a time for training.” – parent of a participant

Teachers surveyed reported positive behavioral and emotional changes in their Operation Hero students.



Each week, Operation Hero has a different topic, reinforced through interactive methods including journaling. Topics include:

- Self-esteem
- Respect
- Responsibility
- Honesty and Integrity
- Feelings and Caring
- Deployments and Family Separations
- Problem Solving and Teamwork
- Friends & Family
- Bully Prevention

\$400 supports a child's participation in Operation Hero.

The Armed Services YMCA enhances the lives of military members and their families in spirit, mind and body through programs relevant to the unique challenges of military life. We provide programs and services to the young men and women of all five armed services: Army, Marine Corps, Navy, Air Force, and Coast Guard.

Armed Services YMCA Fort Bragg

2411 Building 2, Rodney Trail, Fort Bragg NC 28307

<https://www.asymca.org/fort-bragg-home>

P: 910-436-0500

Support for Operation Hero at Fort Bragg provided by: Youth Grove Stock Trust